See notes from this morning below. It may be appropriate to break bread in your homes together as part of your evening this week.

1Corinthians 11 Breaking of Bread LG Notes v. 17-34

- You may decide to break bread as part of your time together at the end of the study.
- Vs. 17 a terrible line. Your meetings do more harm than good. What was going wrong with the church in Corinth and the way they broke bread together?
- How do you think the real meaning of Communion combats this?
- Stuart said that we all come to Jesus as sinners in need of a saviour. How easy is it to look down on others and judge them? Where do you find yourself doing this?
- In what areas do you find yourself being self-centred? Is it always right to put others first? How do we wisely strike balance in this?
- What does Communion mean to you? Is it purely symbolic or more than that?
- Read vs. 27. Does this mean you have to be perfect or sinless before coming to Communion?
- Read the following Andrew Wilson quote and the question 81 below and reflect on them: Not a congratulatory banquet for the sinless, but a sustaining meal for the repentant who are hungry and thirsty for righteousness but know they have fallen short... it is a meal that excludes those who don't care about whether or not they have sinned.
- Question 81 of the Heidelberg catechism. Communion is for repentant believers. Those who are not repentant or believers should stay away. Do you agree with this? Why might some people feel unworthy?
- How does Communion draw us closer to Jesus?
- 5 Directions to look before Communion. Which ones do you find easiest and do most naturally. Which have you not thought of before? What might you do differently in coming to breaking bread having reflected on these ideas?
- o Looking back to Jesus and what He did on the cross.
- o Look up to God and thank Him for the gifts.
- o Look forward to a future reality in breaking bread with Jesus.
- o Look in to search our own hearts.
- o Look around, we are part of a family, who else needs help and support, who do we need to make up with and who is not here that we want to be here with us?