

Advent Peace Life Group Notes

- Remember you can buy and/or leave a review for Jen Ludwig's book 'Embracing Advent' on Amazon or you can follow through the daily devotional on the YouVersion App.
- Read Luke 10:38-42 and remind yourselves of the story.
- Mary, amongst other things, was distracted. She was distracted by a good thing 'serving'. What are the 'good' things which seem to take over or distract in your life?
- SJ said she felt Jesus' response was less a telling off and more an invitation to something better. How does this way of reading the story help you? What do you think Jesus would say to you in your busyness?
- Col. 1:19-22 speaks about the bigger picture of ultimate peace we have through the Gospel. How does zooming out and looking at this big picture help us in the everyday need for peace?
- Advent is the season of waiting. SJ said that there is an eschatological tension (!) in the waiting for Jesus to come and bring peace in our lives – the tension between what we can and do receive now and what we will one day fully receive. Where do you feel this tension in your life?
- Read John 14:25-27 and Philippians 4:6-7. How do we apply and put in to practice these verses?
- SJ left us with 3 reflection questions:
 - When have you felt the peace of God most profoundly?
 - What is stealing your peace at the moment?
 - What might sitting with Jesus intentionally look like for you during advent?